

Component III: Communication
Module B: Documentation
Topic 1: Written Documentation
Objective: 6

Documentation Scenario for service provided using SBARE

Michael Morales is a 32 year old male recently discharged from the hospital. He was in the hospital due to his new medical diagnosis, Diabetes Type II. He has returned to the clinic to see the doctor, share his blood sugar log and discuss the possibility of adjusting his medication. His blood sugar log shows AM blood sugar of 110-125. He does not check it in the PM. You check both feet for possible diabetic neuropathy, take vital signs and schedule him for a diabetic class, all part of the new diabetic standard of care. He is unsure about attending the class but you secure his agreement. You want to make certain he will take his oral medication, Metformin 500 mg, twice daily and follow the 1800 cal ADA diet. You explain his medication, its purpose and mode of action. You emphasize why he needs to eat small meals at regular times. You discuss possible side effects of medication and ask how he is tolerating the medicine. You ask him to tell you what he thinks he can do.

Document this encounter in SBARE format.

S	Pt presents with new diagnosis DMII
B	Recently discharged from hospital with DMII diagnosis. Here to follow up with MD for blood sugar check and possible medication adjustment
A	Pt monitors blood sugar daily. No change in Metformin dosage ordered.
R	Scheduled for DM Class series. Instructed to eat 4 small meals and eat food recommended in ADA 1800 cal diet.
E	Pt agreed to attend 3 DM classes next month. Pt able to explain sample 4 meal day. Pt agreed to try. Pt able to state when to seek medical attention