

DACUM Competency Profile for Certified Home Health Aide

Produced For

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Home Health Aide is one who provides personal care to patients in the home setting ADL's for those who are unable to do it for themselves and/or promote the recovery, safety and comfort of the patient.

Duties		Tasks			
A	Provide Personal Hygiene	A-1 Follow patient care plan	A-2 Establish rapport	A-3 Observe universal precautions	A-4 Identify/Report change in patient status
		A-5 Obtain needed supplies	A-6 Perform sponge bath	A-7 Perform complete/partial bed bath	A-8 Perform/Assist with shower
		A-9 Perform/Assist with tub bath	A-10 Wash/Shampoo hair	A-11 Provide/Assist with oral care	A-12 Provide/Assist with shaving
		A-13 Provide/Assist with hair care	A-14 Provide/Assist with nail care	A-15 Provide skin care	A-16 Assist/Dress patient
		A-17 Provide/Assist with peri-care	A-18 Perform catheter care	A-19 Provide/Assist with foot care	
B	Provide/Perform Comfort Measures	B-1 Converse with the patient and family	B-2 Identify & report unsafe conditions	B-3 Provide a comfortable physical environment	B-4 Provide privacy and confidentiality
		B-5 Provide a lotion rub	B-6 Reposition the patient		
C	Perform/Assist with Therapeutic Procedures	C-1 Measure body temperature	C-2 Measure heart rate	C-3 Measure blood pressure	C-4 Count respiratory rate
		C-5 Measure body weight	C-6 Measure fluid intake and output	C-7 Assist with collecting urine/stool specimens	C-8 Apply anti-embolic stocking/support wrap
		C-9 Perform posture drainage and percussion	C-10 Assist in placement on TENS unit	C-11 Assist with self-administered prepared medication	C-12 Administer/Apply nonsterile/clean dry dressings
		C-13 Administer Fleets/tap water enema			

D

Perform/Assist with
Therapeutic Exercise

D-1 Transfer patient	D-2 Assist with amputation	D-3 Apply prosthetics	D-4 Provide active & passive ROM
D-5 Assist with prescribed physical exercise	D-6 Assist with prescribed occupational therapy	D-7 Assist with prescribed speech exercise	

E

Provide for Nutritional
Needs

E-1 Prepare (some) meals	E-2 Encourage/Restrict fluids	E-3 Feed the patient	E-4 Plan patient menus
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F

Provide Housekeeping

F-1 Clean patient area	F-2 Change linen	F-3 Launder patient linen and clothes	F-4 Shop for groceries and supplies
F-5 Drive patient to appointments	F-6 Run errands for the patient		

Knowledges of/Skills

- Basic anatomy
- Body mechanics
- Communication skills
- Communication skills (reading)
- Disease process/diagnosis procedures
- Growth & development
- Interagency communications(s)
- Interpersonal skills
- Map reading skills
- Medical terminology
- Observation skills
- Organization skills
- Preventive comfort measures
- Problem-solving skills
- Restoration comfort measures
- Safety precautions
- Scheduling procedures