

DACUM Competency Profile for Direct Care Assistant

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Direct Care Assistant is a member of the Interdisciplinary team who participates in the development and implementation of the consumers Individual Program Plans through training and support for the purpose of increasing and maintaining their independence.

Duties		Tasks			
A	Provide Consumer Personal/Physical Care	A-1 Maintain individual personal care routine	A-2 Assist with/provide personal hygiene	A-3 Assist with/provide personal grooming	A-4 Assist with clothing management
		A-5 Assist with routine toileting	A-6 Coordinate family style dining	A-7 Cook family style meals	A-8 Implement feeding programs
B	Provide Consumers Health Care Management	B-1 Perform on going assessment of physical and emotional needs	B-2 Implement physician's orders	B-3 Coordinate and assist with medical appointments	B-4 Provide medication management
		B-5 Measure vital signs	B-6 Provide seizure management	B-7 Provide First Aid and CPR	B-8 Implement universal precautions
C	Provide Consumer Independent Living Skills Training	C-1 Provide money management training	C-2 Provide social skills training	C-3 Provide domestic skills training	C-4 Provide behavior management training
		C-5 Provide personal hygiene training	C-6 Provide personal grooming skills training	C-7 Provide eating skills training	C-8 Provide toilet training
		C-9 Provide communication skills training	C-10 Reinforce vocational skills training	C-11 Provide leisure/recreational skills training	C-12 Provide/teach healthy living skills (e.g. exercises, diet)
		C-13 Provide mobility skills training	C-14 Facilitate the use of community resources	C-15 Provide sexuality training	C-16 Instruct on personal safety
		C-17 Instruct self medication administration	C-18 Promote self advocate skills training training		
D	Maintain Environmental Safety	D-1 Provide safe environment	D-2 Conduct fire drills	D-3 Conduct disaster drills	D-4 Observe/report environmental safety
		D-5 Secure hazardous materials	D-6 Provide emergency supplies		

E

Document Consumer/
Facility Progress Notes

E-1 Document daily individual program administration	E-2 Document medication administration	E-3 Document centrally stored medications	E-4 Document disposed medications
E-5 Document medications leaving and returning to facility	E-6 Document task analysis of behaviors	E-7 Document safety drills	E-8 Document communications with day program
E-9 Document leisure/recreational activities	E-10 Document consumer's time in and out of the facility	E-11 Document facility visitors	E-12 Document activities of daily living information
E-13 Document environmental issues	E-14 Document personal and incidental funds	E-15 Document menu adjustments	E-16 Document personal inventory
E-17 Document medical appointments	E-18 Document special incidents	E-19 Document demographic data	E-20 Document seizure activity

F

Provide Psychosocial
Support

F-1 Inform of consumers legal rights	F-2 Manage maladaptive behaviors	F-3 Provide privacy for each individual	F-4 Advocate for individual choices
F-5 Coordinate resident council meetings	F-6 Promote spiritual ideology and choice	F-7 Promote and support friendships within the community	

G

Coordinate Consumers
Recreational Activities

G-1 Coordinate community based activities	G-2 Coordinate residents vacations	G-3 Provide in home activities	G-4 Provide sensory stimulation activities
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H

Maintain Vocational
Development

H-1 Attend Facility orientation	H-2 Maintain First Aid/CPR certification	H-3 Attend facility specific training	H-4 Complete state required training
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Equipment, Tools and Supplies

- Adaptive equipment
- Appliances
- Augmentative communication devices
- Camera
- Disaster kit
- Domestic equipment
- Environmental monitoring systems
- First aid kit
- General maintenance tools
- Medical supplies
- Personal hygiene equipment
- Postural supports
- Recreational equipment
- Scales
- Sensory stimulation kits
- Vital sign equipment

Future Trends and Concerns

- Accreditation
- Acuity levels
- Community education concerns
- Continuing education
- Labor force
- Labor problems
- Legal operations
- Liability
- Licensing regulations
- Life quality outcomes
- Medical vs non-medical issues
- Options of living arrangements
- Regulations
- Reimbursement/resources
- Role of regional centers
- Salary and benefits
- Size of group homes
- Standards of care regulations
- Supervision/monitoring
- Training programs

General Knowledge and Skills

- Augmented communication devices
- Basic anatomy and physiology
- Basic math
- Behavior management
- Body mechanics
- Bowel and bladder management
- Clerical skills
- Communication skills (verbal and written)
- Community resources
- Conflict resolution
- Cultural sensitivity (discrimination)
- Defensive driving
- Developmental disability
- Facilitation skills
- Facility specific policy and procedures
- Facility specific regulations and codes
- Fire/disaster safety

- Growth and Development
- Hazardous waster
- Interpersonal skills
- Leadership skills
- Legal rights (codes/rights)
- Life quality outcomes
- Listening skills
- Medical terminology
- Medication management
- Mental/physical assessment
- Negotiation skills
- Nutrition
- Pathophysiology related to developmental disabilities
- Personal hygiene
- Physician Protocol
- Problem solving
- Self advocacy
- Sensory motor skills
- Sex education
- Social skills
- Stress management
- Teaching principles
- Time management
- Unusual occurrence

Workers Characteristics

- Assertive
- Calm
- Common sense
- Compassionate
- Confidentiality
- Cost-conscious
- Courteous/polite
- Disciplined
- Empathetic
- Energetic
- Flexible
- Generous
- Good boserver
- Good listener
- Healthy
- Hygienic
- Multi-skilled
- Objective
- Optimistic
- Organized
- Patience
- Personal integrity
- Professional
- Respectful
- Responsible
- Role model
- Self initiator
- Sense of humor
- Sensitive
- Team player
- Understanding

