DACUM Competency Profile

For

The Social Rehabilitation Practitioner

Location

The Holiday Inn, Capitol Plaza
Sacramento, CA
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Sponsored by:

California Association of Social Rehabilitation Agencies

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The Social Rehabilitation Practitioner

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A Social Rehabilitation Practitioner is one who assists individuals in recovery of functioning and reintegration into their community by assessing individual needs, developing goals, and coordinating services to empower individuals to attain the highest possible quality of life.
Future Trends and Concerns

- Consumer providers
- Harm reduction
- Advanced directives
- Managed care
- Training programs
- Continued education
- Life quality
- Community education
- Increased medical conditions
- (Lack of) resources
- (Lack of) funding
- Labor problems - ex. high turnover, burnout, salary, and benefits
- Accreditation
- Reduce hospitalizations
- Housing
- Non-institutionalized housing
- Alternative therapies
- Proposition 36
- Legislative changes
- Consumer-run self help
- Licensing changes
- Welfare to work
- Services equally available
- Social stigma
- Privatization

General Knowledge and Skills

- Empathy - unconditional
- Knowledge of information regarding Human Immunodeficiency Virus (HIV)
- Quality assurance
- Good writing skills
- Adaptability
- Communication
- Time management skills
- Organizational skills
- Active listening skills
- Self-starter
- Critical thinking
- Dependable
- Cultural diversity
- Flexibility
- Problem solving
- Open mindedness
- Tactful and sensitive
- Good presentational/verbal skills
- Ability to make use of supervision (trainable)
- Self-awareness
- Synthesize information
- People skills
- Common sense
- Assessment skills
- Ability to learn
- Ability to diagnose
- General knowledge of PDR (Physician's Desk Reference)
- One-on-one/Group skills
- Crisis intervention skills
- Case management skills
- Knowledge of community resources and self-help

Tools, Equipment, Supplies & Materials

- Car/van
- Computer
- Pager
- Cell phone/Telephone
- First aid kit
- Office supplies
- Fax machine
- Copier
- Shredder
- Forms
- Reference manuals
- Thomas guide
- Appliances
- Food preparation utensils
- Recording equipment
- Art supplies
- Keys
- Cleaning supplies
- Universal precaution kits
- Gloves

Worker Traits and Behaviors

- Good listener
- Non-judgmental
- Calm
- Kind
- Team player
- Good boundaries
- Genuine
- Persistent
- Respectful
- Optimistic
- Patient
- Self-aware
- Culturally sensitive
- Understanding
- Non-defensive
- Flexible
- Reliable
- Honest
- Consistent
- Creative
- Multi-tasking
- Good role model
- Organized
- Positive regard
- Personal integrity
- Objective
- Non-opinionated
- Sense of humor
- Tactful
<p>| A | Engage Client | B | Provide money management in training | C | Triage for safety and service need | D | Identify and develop community resources | E | Advocate for patient’s rights | F | Provide mood disorders education | G | Assess client vocational education needs | H | Facilitate conflict resolution groups |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| A-1 | Engage Client | B-1 | Provide meal preparation training | C-1 | Mediate client conflicts | D-1 | Coordinate client access to food /nutritional needs | E-1 | Advocate with the legal system | F-1 | Teach and develop client study skills | G-1 | Facilitate conflict resolution group |
| A-2 | Perform initial ongoing Client abilities and needs assessment | B-2 | Provide shopping training | C-2 | Stabilize the environment | D-2 | Coordinate client access to food /nutritional needs | E-2 | Advocate for client housing | F-2 | Assist with completion of educational goals | G-2 | Facilitate family support group |
| A-3 | Establish client-driven goals. | B-3 | Provide health and wellness training | C-3 | Coordinate client access to clothing | D-3 | Coordinate client access to clothing | E-3 | Advocate for systems of care | F-3 | Assist with developing marketable job skills | G-3 | Facilitate anger management group |
| A-4 | Provide new Client Orientation | B-4 | Provide health and wellness training | C-4 | Coordinate client access to housing | D-4 | Coordinate client access to housing | E-4 | Advocate with systems of care | F-4 | Provide job development services | G-4 | Facilitate stress reduction group |
| A-5 | Provide transportation training | B-5 | Provide household maintenance training | C-5 | Coordinate client access to physical health care | D-5 | Coordinate client access to physical health care | E-5 | Advocate for client benefits (medical/financial) | F-5 | Assist client in job development | G-5 | Facilitate internal community groups |
| A-6 | Provide individual client counseling | B-6 | Provide personal hygiene training | C-6 | Coordinate client access to mental health care | D-6 | Coordinate client access to mental health care | E-6 | Advocate with individual providers | F-6 | Assist client in job placement | G-6 | Facilitate dual diagnosis group |
| A-7 | Provide family counseling | B-7 | Provide training in obtaining personal identification documents | C-7 | Coordinate client access to benefits | D-7 | Coordinate client access to benefits | E-7 | Advocate with utility companies | F-7 | Provide client job coaching to maintain employment | G-7 | Facilitate symptom management group |
| A-8 | Provide group Counseling | B-8 | Provide interpersonal skills training | C-8 | Coordinate client transportation | D-8 | Coordinate client transportation | E-8 | Advocate with financial, institutions, and creditors | F-8 | Provide client job coaching to maintain employment | G-8 | Facilitate symptom management group |
| A-9 | Initiate and participate in client case counseling | B-9 | Provide training in accessing community resources | C-9 | Coordinate adjunct services in providing continuity of care | D-9 | Coordinate adjunct services in providing continuity of care | E-9 | Advocate for Client employment | F-9 | Provide client job coaching to maintain employment | G-9 | Facilitate symptom management group |
| A-10 | Refer client to community resources | B-10 | Provide training in leisure time use | C-10 | Coordinate legal services for family members | D-10 | Coordinate legal services for family members | E-10 | Provide community education | F-10 | Provide client job coaching to maintain employment | G-10 | Facilitate symptom management group |
| A-11 | Lead client group outings | B-11 | Participate in critical incident debriefing | C-11 | Provide legal liaison services | D-11 | Provide legal liaison services | E-11 | Support client socialization | F-11 | Provide legal liaison services | G-11 | Facilitate symptom management group |
| A-12 | Evaluate client progress | B-12 | Provide inpatient discharge planning | C-12 | Support client socialization | D-12 | Support client socialization | E-12 | Refer to self-help groups | F-12 | Support client socialization | G-12 | Facilitate symptom management group |
| A-13 | Facilitate inpatient discharge planning | B-13 | Provide inpatient discharge planning | C-13 | Support client socialization | D-13 | Support client socialization | | | | | |</p>
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<thead>
<tr>
<th>Facilitate art group</th>
<th>Facilitate cultural diversity group</th>
<th>Facilitate progress groups</th>
<th>Facilitate HIV group</th>
<th>Facilitate men’s and women’s groups</th>
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<tr>
<th>Assemble and review client chart</th>
<th>Complete client assessment and intake forms</th>
<th>Document client progress</th>
<th>Maintain program records</th>
<th>Prepare client summary reports</th>
<th>Prepare client’s staff incident reports</th>
<th>Complete medication administration records</th>
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<th>Maintain current standards of practice</th>
<th>Participation in agency meetings</th>
<th>Participate in research studies</th>
<th>Participate in professional associations</th>
<th>Perform role as a mentor</th>
<th>Participate in staff training</th>
<th>Participate in hiring committees</th>
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