

DACUM Competency Profile
For
The Social Rehabilitation
Practitioner

Location

The Holiday Inn, Capitol Plaza
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Sponsored by:

California Association of Social Rehabilitation
Agencies

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A Social Rehabilitation Practitioner is one who assists individuals in recovery of functioning and reintegration into their community by assessing individual needs, developing goals, and coordinating services to empower individuals to attain the highest possible quality of life.

Future Trends and Concerns

- Consumer providers
- Harm reduction
- Advanced directives
- Managed care
- Training programs
- Continued education
- Life quality
- Community education
- Increased medical conditions
- (Lack of) resources
- (Lack of) funding
- Labor problems - ex. high turnover, burnout, salary, and benefits
- Accreditation
- Reduce hospitalizations
- Housing
- Non-institutionalized housing
- Alternative therapies
- Proposition 36
- Legislative changes
- Consumer-run self help
- Licensing changes
- Welfare to work
- Services equally available
- Social stigma
- Privatization

General Knowledge and Skills

- Empathy - unconditional
- Knowledge of information regarding Human Immunodeficiency Virus (HIV)
- Quality assurance
- Good writing skills
- Adaptability
- Communication
- Time management skills
- Organizational skills
- Active listening skills
- Self-starter
- Critical thinking
- Dependable
- Cultural diversity
- Flexibility
- Problem solving
- Open mindedness
- Tactful and sensitive
- Good presentational/verbal skills
- Ability to make use of supervision (trainable)
- Self-awareness
- Synthesize information
- People skills
- Common sense
- Assessment skills
- Ability to learn
- Ability to diagnose
- General knowledge of PDR (Physician's Desk Reference)
- One-on-one/Group skills
- Crisis intervention skills
- Case management skills
- Knowledge of community resources and self-help

- Ability to advocate for clients
- Conflict resolution/Mediation skills
- Standard - universal precautions information
- Counseling skills
- Knowledge of self - recovery skills
- Knowledge of diversity issues
- Knowledge of benefits/entitlements
- Knowledge of landlord/tenant law
- Knowledge of housing resources/options
- Knowledge of gay/lesbian/bi-sexual/transgender issues
- Knowledge of de-escalation/suicide prevention/homicide prevention/serving disabled issues/abilities
- Knowledge of various levels of care
- Ability to be a role model
- Stress management skills
- Knowledge of the principles of psycho-social rehabilitation
- Knowledge of family (support systems) (extended family)
- Ability to self-observe
- Knowledge of transference and counter transference issues
- Knowledge of public transportation
- Knowledge of cooking principles
- Knowledge of basic nutrition/health/wellness/financial issues

Tools, Equipment, Supplies & Materials

- Car/van
- Computer
- Pager
- Cell phone/Telephone
- First aid kit
- Office supplies
- Fax machine
- Copier
- Shredder
- Forms
- Reference manuals
- Thomas guide
- Appliances
- Food preparation utensils
- Recording equipment
- Art supplies
- Keys
- Cleaning supplies
- Universal precaution kits
- Gloves

Worker Traits and Behaviors

- Empathetic

- Good listener
- Non-judgmental
- Calm
- Kind
- Team player
- Good boundaries
- Genuine
- Persistent
- Respectful
- Optimistic
- Patient
- Self-aware
- Culturally sensitive
- Understanding
- Non-defensive
- Flexible
- Reliable
- Honest
- Consistent
- Creative
- Multi-tasking
- Good role model
- Organized
- Positive regard
- Personal integrity
- Objective
- Non-opinionated
- Sense of humor
- Tactful

Obs	A	Collaborate in Continuous Client Treatment	Engage Client A-1	Perform Initial/ongoing Client abilities and needs assessment A-2	Establish Client-driven goals. A-3	Provide new Client Orientation A-4	Refer Client to appropriate level of care A-5	Maintain the therapeutic milieu A-6	Provide individual client counseling A-7	Provide family counseling A-8	Provide group Counseling A-9	Initiate and participate in client case counseling A-10	Refer client to community resources A-11	Lead client group outings A-12	Evaluate client progress A-13	Facilitate inpatient discharge planning A-14
	B	Train Clients in Life Skills	Provide money management training B-1	Provide meal preparation training B-2	Provide shopping training B-3	Provide health and wellness training B-4	Provide transportation training B-5	Provide household maintenance training B-6	Provide personal hygiene training B-7	Provide training in obtaining personal identification documents B-8	Provide interpersonal skills training B-9	Provide training in accessing community resources B-10	Provide training in leisure time use B-11	Provide training in time management, organization and priority setting skills B-12		
	C	Provide Client Crisis Intervention	Triage for acuity and service need C-1	Mediate client conflicts C-2	Stabilize the environment C-3	Consult supervisor C-4	Coordinate emergency services C-5	Establish contracts for client safety C-6	Monitor for client safety C-7	Coordinate with client service providers C-8	Document crisis incident C-9	Provide aftercare and follow up C-10	Participate in critical incident debriefing C-11			
	D	Coordinate Client Resources	Identify and develop community resources D-1	Coordinate client access to food /nutritional needs D-2	Coordinate client access to clothing D-3	Coordinate client access to housing D-4	Coordinate client access to physical health care D-5	Coordinate client access to mental health care D-6	Coordination of client access to benefits D-7	Coordinate client transportation D-8	Coordinate adjunct services in providing continuity of care D-9	Coordinate adjunct services for family members D-10	Provide legal liaison services D-11	Support client socialization D-12	Refer to self-help groups D-13	
	E	Provide Client Advocacy	Advocate for patient's rights E-1	Advocate with the legal system E-2	Advocate for client housing E-3	Advocate with systems of care E-4	Advocate for client benefits (medical/financial) E-5	Advocate with individual providers E-6	Advocate with utility companies E-7	Advocate with financial, institutions, and creditors E-8	Advocate for Client employment E-9	Provide community education E-10				
	F	Provide Client Symptom Management Education	Provide mood disorders education F-1	Provide thought disorders education F-2	Provide substance abuse education F-3	Provide personality disorders education F-4	Provide mental health relapse prevention education F-5	Provide education of psycho-social stressors F-6	Provide medication education F-7	Provide HIV Education F-8						
	G	Provide and Assist in Client Vocational Educational Planning	Assess client vocational education needs G-1	Teach and develop client study skills G-2	Assist with completion of educational goals G-3	Assist client in developing marketable job skills G-4	Provide job development services G-5	Assist client in job placement G-6	Provide client job coaching to maintain employment G-7							
	H	Facilitate Client Groups	Facilitate conflict resolution group H-1	Facilitate family support group H-2	Facilitate anger management group H-3	Facilitate self-esteem group H-4	Facilitate stress reduction group H-5	Facilitate internal community groups H-6	Facilitate dual-diagnosis group H-7	Facilitate symptom management group H-8	Facilitate transition group H-9	Facilitate medication group H-10	Facilitate work support group H-11	Facilitate job club H-12	Facilitate relapse prevention group H-13	Facilitate living skills group H-14

	Facilitate art group H-15	Facilitate cultural diversity group H-16	Facilitate progress groups H-17	Facilitate HIV group H-18	Facilitate men's and women's groups H-19									
I	Create and Maintain Client and Program	Assemble and review client chart I-1	Complete client assessment and intake forms I-2	Document client progress I-3	Maintain program records I-4	Prepare client summary reports I-5	Prepare client's staff incident reports I-6	Complete medication administration records I-7						
J	Promote Professional Development	Maintain current standards of practice J-1	Participation in agency meetings J-2	Participate in research studies J-3	Participate in professional associations J-4	Perform role as a mentor J-5	Participate in staff training J-6	Participate in hiring committees J-7						