Health Workforce Initiative
Statewide & Regional Directors of Employer Engagement
are pleased to present:

BEHAVIORAL/MENTAL HEALTH CAREERS AWARENESS VIRTUAL SYMPOSIUM

"Ushering the Next Generation of Para-professionals to Professionals"

Part Four

Masters Level Careers



THANK YOU!

This event was produced pursuant to grant from Kaiser Permanente Mental Health and Wellness (MHW) Initiative Strategic Partnership Grant (16040) and hosted by the Health Workforce Initiative (19-156-001) powered by the California Community College Chancellors Office.

Zoom etiquette

- Make sure you are on mute throughout the presentation.
- Your participation in the poll questions is important.
- If you have questions for the presenters, put them in the chat box.
- Questions and Answer time will be held at the end of the presentation.

Please and Thank you!

Today's Moderator



Chris Domasin, MS Counseling, LMFT
Mental Health Service Provider
Oxnard College Student Health Center

Objectives for today's symposium

- Objective #1: Increase awareness of behavioral-mental health careers and their related pathways.
- Objective #2: Identify where to locate behavioral-mental health related educational programs.

Today's Agenda

- Brief Introduction
- Four Career Presentations
- Question and Answers

What is mental health?

Mental health, as defined by the World Health Organization, is "a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community."



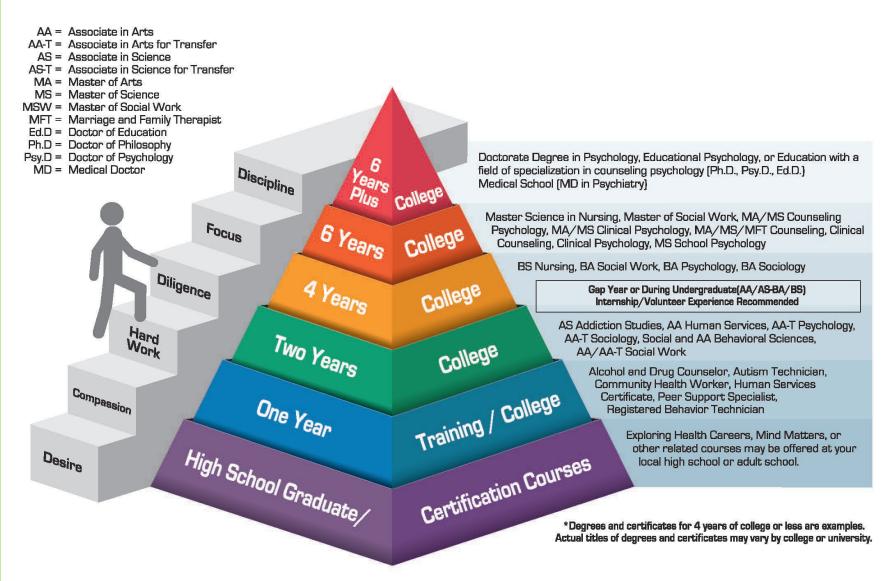
FACT

- We all experience different levels of mental health throughout our lives.
 - Depression is the leading cause of disability worldwide.
 - Over 44 million American adults (18.07%), have a mental health condition.
 - ▶ Less than 50% of U.S. adults with mental illness received treatment in 2018.

There are not enough mental health professionals to go around.

Pursuing a career in behavioral health can put you in a position to help others.

Behavioral-Mental Health Related Certificates and Educational Degrees



Today's Career Spotlights

- Licensed Clinical Social Worker
- Licensed Marriage and Family Therapist
- Board Certified Behavior Analyst
- Public Health Program Manager

Licensed Clinical Social Worker (LCSW)

A LCSW is a Licensed Clinical Social Worker. These professionals work in a wide variety of settings to provide emotional support, mental health evaluations, therapy and case management services to people experiencing psychological, emotional, medical, social and/or familial challenges.



Michele Tarlow, LCSW

(Education Degree: Master of Social Work)

School Based Therapist

William S. Hart School District

Licensed Marriage & Family Therapist (LMFT)

A LMFT is a Licensed Marriage and Family Therapist. These professionals are trained in psychotherapy and family systems, and are able to diagnose and treat mental and emotional disorders within the context of individuals, couples and family systems.



Tom Hao, LMFT

(Education Degree: Master of Science in Counseling)

Clinical Director

Hathaway-Sycamores Child & Family Services

Board Certified Behavior Analyst (BCBA)

A BCBA is a Board Certified Behavior Analyst which requires graduate-level certification in behavior analysis. Professionals certified at the BCBA level are independent practitioners who provide behavior analysis services. Behavior analysts provide a way for a person to reduce unwanted behaviors and increase desired behaviors.



James Lee, M.S. BCBA

(Education Degree: Master of Science in Applied Behavior Analysis)

Behavior Analyst
Autism Spectrum Therapies

Public Health Program Manager

A Public Health Program Manager is a professional whose focus is on the health of individuals, families and communities. They do this by analyzing and developing healthcare programs with the goal of reaching as many people as possible. They also administer programs that teach healthy lifestyle habits and prevention of disease and illness, in the hopes of promoting a healthier overall community.



Liliana Osorio, MPH

(Education Degree: Master in Public Health)

Director

Health Initiative of the Americas
UC Berkeley, School of Public Health





https://explorehealthcareers.org





HWI Website: https://ca-hwi.org/ HWI Email: cahwi@canyons.edu

https://adegreewithaguarantee.com/en-us/





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- PART 5 Friday November 6, 2020: 9 am 10 am Doctoral Level Careers (Psychiatrist & Licensed Psychologist) https://bit.ly/HWI_BehavioralHealth_Careers5
- PART 6 Friday November 13, 2020: 9 am 10 am Career Mapping and Decision-Making (Student & Parent Workshop) https://bit.ly/HWI_BehavioralHealth_Careers6
- ► PART 7 Friday November 20, 2020: 9 am 10 am Nursing in a Behavioral Health Setting (Psych Tech, Psychiatric RN, Psychiatric Mental Health Nurse Specialist, Mental Health Nurse Practitioner) http://bit.ly/HWI_BehavioralHealth_Careers7

NEED TO HELP A FRIEND OR FAMILY MEMBER?

- **2-1-1: CONNECTING PEOPLE TO INFORMATION AND RESOURCES.** California is dedicated to helping Californians in need get access to, and benefit from, the rich range of social services available to them.
 - ▶ Dial 2-1-1 or visit www.211ca.org
 - Free 24/7 support
- ► In a crisis? Text **HOME** to **741741** to connect with a Crisis Counselor
 - ► Free 24/7 support