

***Health Workforce Initiative
Statewide & Regional Directors of Employer Engagement
are pleased to present:***

BEHAVIORAL/MENTAL HEALTH CAREERS AWARENESS VIRTUAL SYMPOSIUM

"Ushering the Next Generation of Para-professionals to Professionals"

Part Two



Health Workforce Initiative

POWERED BY



California
Community
Colleges

THANK YOU!

This event was produced pursuant to grant from Kaiser Permanente Mental Health and Wellness (MHW) Initiative Strategic Partnership Grant (16040) and hosted by the Health Workforce Initiative (19-156-001) powered by the California Community College Chancellors Office.

Zoom etiquette

- ▶ Make sure you are on mute throughout the presentation.
- ▶ Your participation in the poll questions is important.
- ▶ If you have questions for the presenters, put them in the chat box.
- ▶ Questions and Answer time will be held at the end of the presentation.

Please and Thank you!

Today's Moderator



Aminta Mickles

Professor, Department Chair, Human Services Program

Contra Costa Community College

Objectives for today's symposium

- ▶ Objective #1: Increase awareness of behavioral health careers and their related pathways.
- ▶ Objective #2: Identify where to locate local educational programs.
 - ▶ Introductions
 - ▶ Four Career Presenters
 - ▶ Question and Answers

What is mental health?

Mental health, as defined by the World Health Organization, is “a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.”





FACT

- ▶ **We all experience different levels of mental health throughout our lives.**
 - ▶ Depression is the leading cause of disability worldwide.
 - ▶ *Over 44 million American adults (18.07%), have a mental health condition.*
 - ▶ Less than 50% of U.S. adults with mental illness received treatment in 2018.

There are not enough mental health professionals to go around.

***Pursuing a career in behavioral health
can put you in a position to help others.***

What can you study at the community colleges?

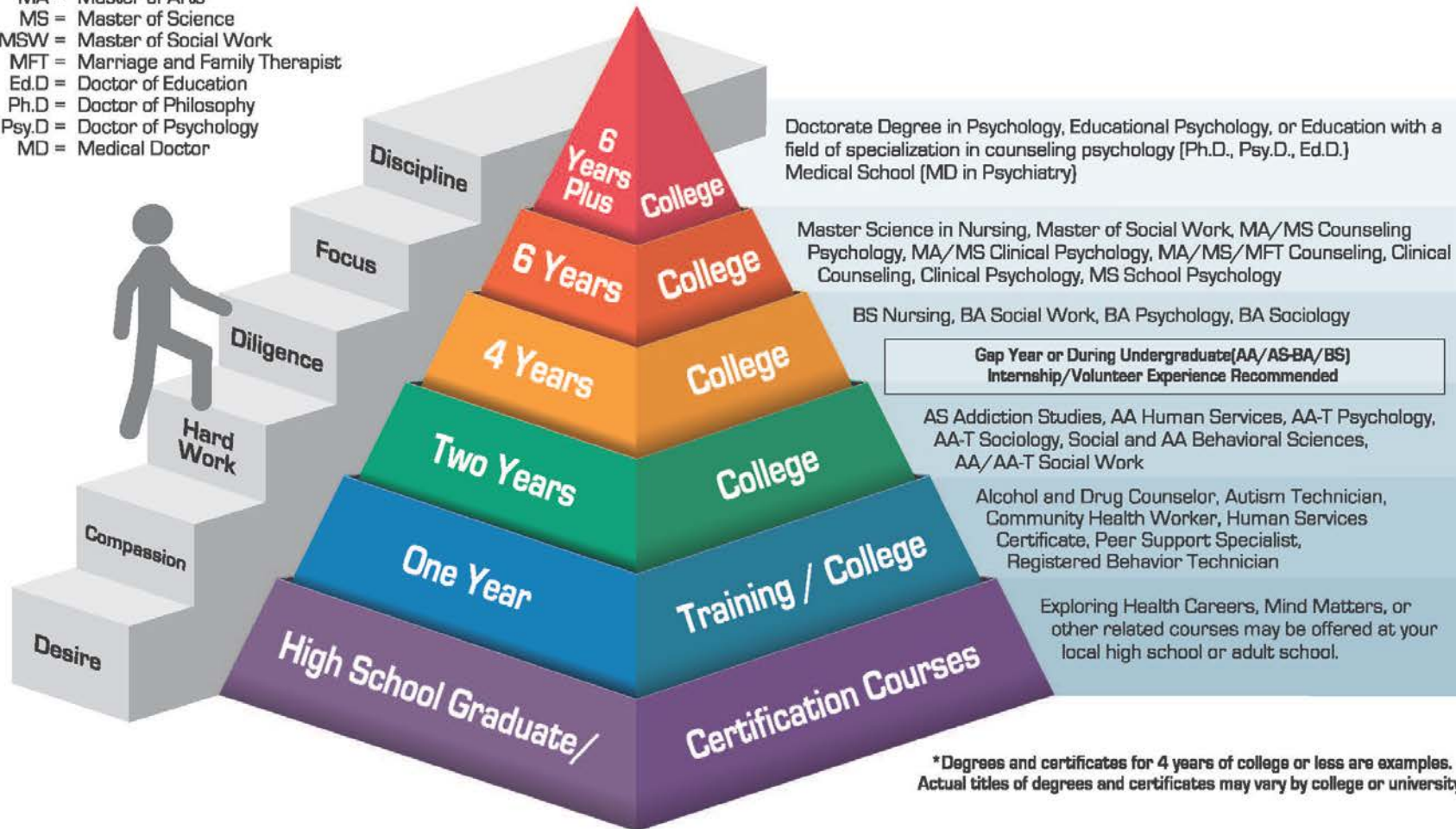
- ▶ Degree and Certificates: Associate of Arts Degree
- ▶ Dual Diagnosis Specialization-Certificate of **Achievement** (41 units)
- ▶ Human Services - Certificate of **Achievement** and A.A Degree (24 units)
- ▶ Human Services Specialization-Certificate of **Accomplishment** (18 units)
- ▶ Dual Diagnosis Screening-Certificate of **Accomplishment** (15 units)

What can you study at the community colleges? Continued...

- ▶ Substance Abuse Treatment and Prevention. Addiction Studies-Certificate of Accomplishment (12 units)
- ▶ Case Management-Certificate of **Achievement** (12 units)
- ▶ Psycho Social Rehabilitation- Certificate of Accomplishment (12 units)
- ▶ Spirit-Peer Support Services -Supervised Provider Intensive Rehabilitation Individualized Training - Certificate of Accomplishment (9 units)
- ▶ CAADAC approved site

Behavioral-Mental Health Related Certificates and Educational Degrees

- AA = Associate in Arts
- AA-T = Associate in Arts for Transfer
- AS = Associate in Science
- AS-T = Associate in Science for Transfer
- MA = Master of Arts
- MS = Master of Science
- MSW = Master of Social Work
- MFT = Marriage and Family Therapist
- Ed.D = Doctor of Education
- Ph.D = Doctor of Philosophy
- Psy.D = Doctor of Psychology
- MD = Medical Doctor



*Degrees and certificates for 4 years of college or less are examples. Actual titles of degrees and certificates may vary by college or university.

Today's Career Spotlights

- ▶ Alcohol & Drug Counselor
- ▶ Psychiatric Technician
- ▶ Social Services Assistant
- ▶ Mental Health & Prevention Specialist

Alcohol & Drug Counselor

Alcohol & Drug Counselor or substance abuse counselors work closely with individuals and groups to identify problem behaviors and offer solutions. Their focus is on the world of addiction and its far-reaching effects, with the aim of assisting patients in finding the right path to recovery and staying on that path for as long as possible.



Kristopher Davis

**Alcohol & Drug Counselor/Outreach Specialist
Twin Town Treatment Centers**

Psychiatric Technician

Psychiatric Technicians are mental health employees who provide hands-on care to people with varying degrees of mental illnesses and/or developmental disabilities. They perform a vital, front-line function in all healthcare settings as they observe, treat and interact with patients.



Alexia Hamel

Tri City Mental Health

Psych Tech III

Mental Health & Prevention Specialist

Behavioral health prevention specialists take a big-picture view of environmental and individual factors that impact the health and mental well-being of individuals. Prevention Specialist will deliver comprehensive community and youth development prevention and intervention programs to youth and families in various settings within the community.



Vanessa Alva

Pronouns - They & Them

Mental Health & Prevention Specialist

BRITE Ventura County

Social Services Assistant

Assist other social and human service providers in providing client services in a wide variety of fields, such as psychology, rehabilitation, or social work, including support for families. May assist clients in identifying and obtaining available benefits and social and community services.



Kathy Insixiengmay
Mental Health Community Support Worker
West County Adult Behavioral Health





Help Stop The Spread Of COVID-19

of Confirmed Cases
Provided by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)

Proper Handwashing

Watch this short video to learn more about the facts of washing your hands and the CDC's do's and don'ts of preventing the spread of germs.

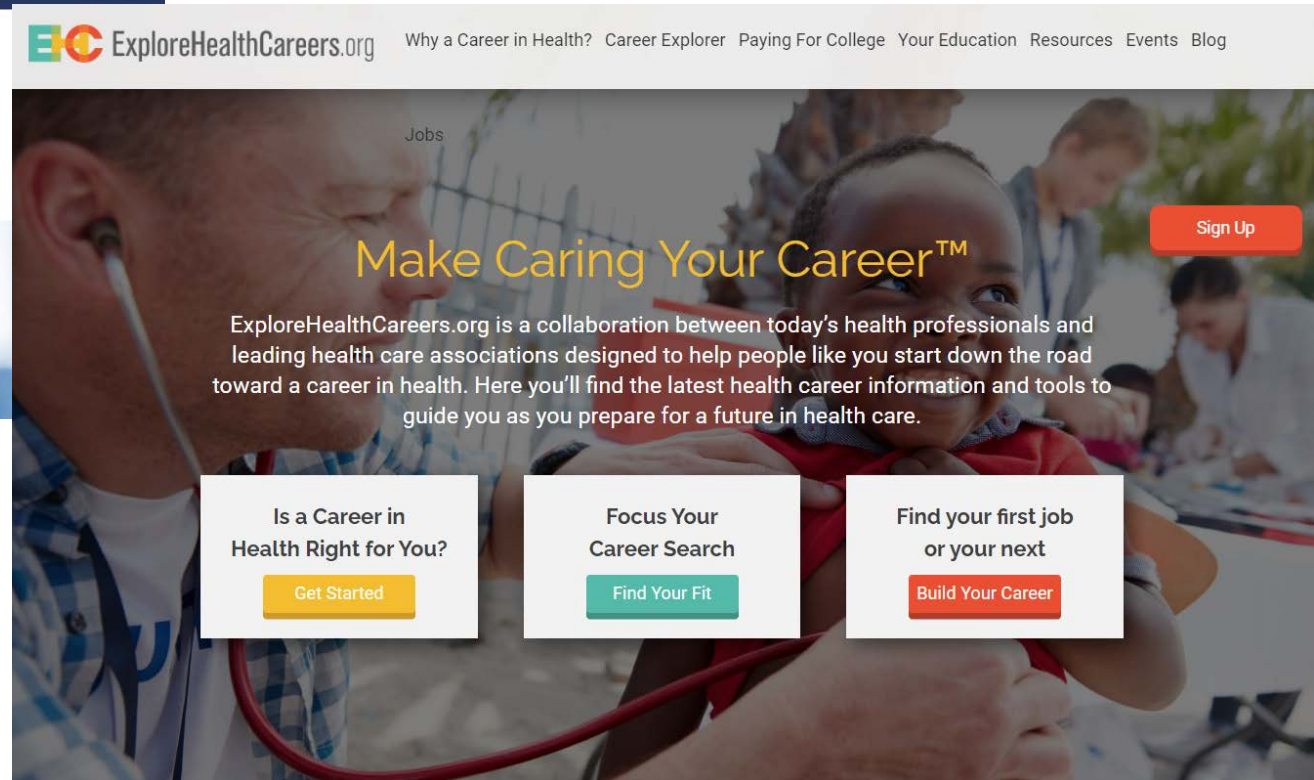


HWI Website:

www.ca-hwi.org

HWI Email:

cahwi@canyons.edu



<https://explorehealthcareers.org/>

Thank you for your participation!



- ▶ PART 3 - Friday October 9, 2020: 9 am - 10 am Bachelors Level Careers (Case Manager, Child Welfare Worker, Psychiatric RN, & Assistant Behavior Analyst) https://bit.ly/HWI_BehavioralHealth_Careers3
- ▶ PART 4 - Friday October 23, 2020: 9 am - 10 am Master's Level Careers (Licensed) (Licensed Marriage & Family Therapist, Licensed Clinical Social Worker, Psychiatric Mental Health- Certified Nurse Specialist, & Nurse Practioner Mental Health- Psych Mental Health) https://bit.ly/HWI_BehavioralHealth_Careers4
- ▶ PART 5 - Friday November 6, 2020: 9 am - 10 am Doctoral Level Careers (Licensed) (Psychiatrist & Licensed Psychologist) - https://bit.ly/HWI_BehavioralHealth_Careers5
- ▶ PART 6 - Friday November 13, 2020: 9 am - 10 am Career Mapping and Decision-Making (Student & Parent Workshop) https://bit.ly/HWI_BehavioralHealth_Careers6

NEED TO HELP A FRIEND OR FAMILY MEMBER?

- ▶ **2-1-1: CONNECTING PEOPLE TO INFORMATION AND RESOURCES.** California is dedicated to helping Californians in need get access to, and benefit from, the rich range of social services available to them.
 - ▶ Dial 2-1-1 or visit www.211ca.org
 - ▶ Free 24/7 support
- ▶ In a crisis? Text **HOME** to **741741** to connect with a Crisis Counselor
 - ▶ Free 24/7 support