

Module A: Patient Education Topic 2:
Health Promotion and Disease/Injury Prevention

Component V: Education

Module A: Patient Education

Topic 2: Health Promotion and Disease/Injury Prevention

I. Statement of Purpose

To provide the learner with basic knowledge of national and local health initiatives and disease prevention programs

II. Terminology

1. Healthy People 2020
2. Levels of prevention
3. Health Literacy

Acronyms

1. CDC (Centers for Disease Control)
2. NIH (National Institutes of Health)
3. NHIC (National Health Information Center)

III. Performance Standards:

1. Spell and define key terms
2. Discuss the modes of communication for the prevention of communicable disease and safety.
3. Describe levels of disease prevention
4. Describe the modes of communicable/infectious disease transmission
5. Discuss methods of outreach for high risk and/or chronic disease patient populations

IV. References

Websites

1. [http://www.ucsfhealth.org/education/evaluating health information/](http://www.ucsfhealth.org/education/evaluating_health_information/)
2. <http://www.cdc.gov/HealthyLiving/>
3. <http://www.cdc.gov/DiseasesConditions/>
4. <http://www.hrsa.gov/healthit/collaboratives.html>

Content Outline Theory Objectives	Suggested Learning Activities/Evaluation
<p>Objective 1 Spell and define key terms and definitions</p> <ul style="list-style-type: none"> A. Review terms listed. B. Spell and pronounce the terms accurately. C. Use the terms in their proper context. 	<p>Games: word searches, crossword puzzles, Family Feud, Jeopardy, bingo, spelling bee, hangman, and Concentration.</p> <p>Administer vocabulary pre-test and post-test.</p> <p>Discuss learning gaps and plan for applying vocabulary</p>
<p>Objective 2 Discuss the modes of communication for the prevention of communicable disease and patient safety</p> <ul style="list-style-type: none"> A. Preventative health measures (e.g., age-related, risk-related, screening, evidence-based guidelines (e.g. Healthy People 2020), pandemic <ul style="list-style-type: none"> 1. Healthy People 1980 to 2020 <ul style="list-style-type: none"> a. Changes b. Progress 2. Describe preventative health issues <ul style="list-style-type: none"> a. Age groups b. Gender c. Culture 3. Evidence-based Guidelines <ul style="list-style-type: none"> a. Define Evidence-based practice b. Create a culture for evidence-based practice <p>Objective 3 Describe levels of disease prevention</p> <ul style="list-style-type: none"> A.. Levels of prevention <ul style="list-style-type: none"> 1. Dietary Guidelines 2. Physical Activity Guidelines (Let's Move Campaign) 3. Health Literacy (National Action Plan to Improve Health Literacy) <ul style="list-style-type: none"> a. Definition of health literacy b. Material, environment, challenges with disease prevention and health promotion c. Cultural considerations d. Research & other organizations 4. Healthy People 2020 	<p>Describe the changes/progression of each Healthy People decade</p> <p>Identify a Quality Improvement project in the ambulatory care setting using evidence-based information</p>

<ul style="list-style-type: none"> a. Science-based b. Improving the use of health care c. Quality d. Accessibility of health e. Health communication f. Health Promotion Programs <p>5. National Health Information Center (NHIC)</p> <ul style="list-style-type: none"> a. Health information referral service b. Health questions for health professional & consumer <p>Objective 4 Describe the modes of communicable/infectious disease transmission</p> <p>A. Modes of communicable/infectious disease transmission</p> <ul style="list-style-type: none"> 1. Childhood Diseases 2. Community-acquired Diseases 3. Institution-acquired Diseases 4. Centers for Disease Control and Prevention (CDC) <p>Objective 5 Discuss methods of outreach for high risk and/or chronic disease patient populations</p> <p>A. Patient orientation to health care delivery system</p> <ul style="list-style-type: none"> 1. Governmental 2. Private systems 3. Community systems <p>B. Consumer product recalls (e.g., drugs, car seats, equipment)</p> <ul style="list-style-type: none"> 1. Drugs 2. Car seats 3. Equipment <p>C. Performing outreach for high risk and/or chronic disease patient populations</p> <ul style="list-style-type: none"> 1. Health and Human Services initiatives related to chronic disease management 2. Health Disparities Collaborative (HHR &IHI) 3. Role of patient care teams in chronic disease <ul style="list-style-type: none"> a. Patient Navigation b. Education 4. Barriers to care <p>D. Teaching anticipatory guidance (e.g., pre-procedural, post-procedural developmental expectations, palliative, progressive conditions/situations)</p> <ul style="list-style-type: none"> 1. Perioperative <ul style="list-style-type: none"> a. Pre-procedural 	<p>List common communicable disease in the following categories:</p> <ul style="list-style-type: none"> • <u>Childhood Diseases</u> • Describe the disease • Explain the transmission • <u>Community-acquired Diseases</u> • Describe the disease • Explain the transmission • <u>Institution-acquired Diseases</u> • Describe the disease • Explain the transmission • Explain the process of how a drug is recalled. <p>Identify sources to obtain recall information</p> <p>Investigate the Health and Human Services initiatives related to chronic disease management</p> <p>Describe the successes of the Health Disparities Collaboratives</p> <p>Create an outreach program for a chronic disease health education workshop</p> <p>Discuss the value of Health Care</p> <p>Explain the stages of Palliative Care</p>
--	--

Module A: Patient Education Topic 2:
Health Promotion and Disease/Injury Prevention

<ul style="list-style-type: none"> <ul style="list-style-type: none"> b. Pre-operative screening for high risk patients c. Assessing needs d. Age, cultural appropriate e. Health literacy proficiency 2. Post-procedural <ul style="list-style-type: none"> a. Assessing needs b. Age, cultural appropriate c. Health literacy proficiency 3. Development expectations E. Palliative care <ul style="list-style-type: none"> 1. Coordination of care 2. User involvement 3. Support services F. Progressive conditions/situations G. Documenting Outcomes 	
--	--