

***Health Workforce Initiative
Statewide & Regional Directors of Employer Engagement
are pleased to present:***

BEHAVIORAL/MENTAL HEALTH CAREERS AWARENESS VIRTUAL SYMPOSIUM

"Ushering the Next Generation of Para-professionals to Professionals"

Part One



Health Workforce Initiative

POWERED BY



California
Community
Colleges

THANK YOU!

This event was produced pursuant to grant from Kaiser Permanente Mental Health and Wellness (MHW) Initiative Strategic Partnership Grant (16040) and hosted by the Health Workforce Initiative (19-156-001) powered by the California Community College Chancellors Office.

Zoom etiquette.

- ▶ Make sure you are on mute throughout the presentation.
- ▶ Your participation in the poll questions is important.
- ▶ If you have questions for the presenters, put them in the chat box.
- ▶ Questions and Answer time will be held at the end of the presentation.

Please and Thank you!

Today's Moderator



Laneay L. London, MSW/Reiki Practitioner

Ms. London is the Chief Executive Officer (CEO) of Serenity Village Developments a community-based organization (CBO) dedicated to providing holistic health and housing education services to individuals, families, and communities around the world.

Objectives for today's symposium

- ▶ Objective #1: Increase awareness of behavioral health careers and their related pathways.
- ▶ Objective #2: Identify where to locate local educational programs.
 - ▶ Introductions
 - ▶ Three Career Presenters
 - ▶ Question and Answers

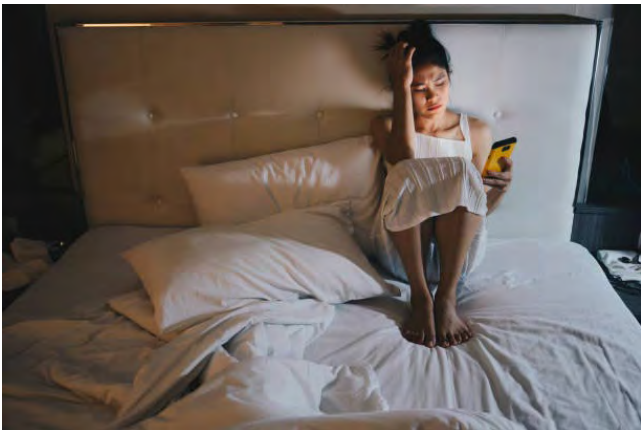
What is mental health?

Mental health, as defined by the World Health Organization, is “a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.”



Behavioral Health Versus Mental Health - What's the Difference?

- ▶ *Behavioral health describes the connection between the health and well-being of the body and the mind.*



- ▶ *Mental health, which is one area of behavioral health, can include a variety of factors, such as biology, psychological state, and habits.*

What are behavioral health services and why are careers in this field important?

- ▶ *Behavioral health services can extend to:*
 - ▶ *Marriage and family counseling/therapy*
 - ▶ *Individual counseling/therapy*
 - ▶ *Group counseling/therapy*
 - ▶ *Addiction treatments*
 - ▶ *Psychiatric conditions*



What are behavioral health services and why are careers in this field important? (cont.)

- ▶ **We all experience different levels of mental health throughout our lives.**
 - ▶ Depression is the leading cause of disability worldwide.
 - ▶ Less than 50% of U.S. adults with mental illness received treatment in 2018.



FACT

There are not enough mental health professionals to go around.

Over 44 million American adults (18.07%), have a mental health condition.

Pursuing a career in behavioral health can put you in a position to help others.

Behavioral-Mental Health Jobs/Positions Related to Level of Education

Master's Degree/Doctorate



Hospital Social Worker, Hospice Social Worker, Adult/Child Social Worker, Behavioral Analyst, School Social Worker/Counselor w/Pupil Personnel Services Credentials (PPS), Mental Health Therapist/Mental Health Clinician with "Associates" Only (ASW, APCC, AMFT, etc.), Pre-License School Psychologist, Program Director/ Manager/Administrator

**Licensed Practitioners: Nurse Practitioner, Psychiatrist, School Psychologist (LEP), Psychologist, Private Practice Mental Health Therapist(*all license levels), Hospital/Hospice Social Worker (MSW/ASW/LCSW's only), Art Therapist, Supervisor with the County (APS/CPS), Program Director/Manager/Administrator*

Bachelor's Degree



Behavioral Health Specialist/Designee, Assistant Behavioral Analyst, Case Manager, Care Coordinator, Vocational Rehabilitation Worker, Child Welfare Worker, Outreach Specialist, *Psychiatric RN, *Music Therapist

Gap Year or During Undergraduate(AA/AS-BA/BS) Internship/Volunteer Experience Recommended

Associate of Arts/Science Degree



*Psychiatric Technician, Community/Social Service Assistant, *Alcohol and Drug Counselor, Eligibility Worker, Housing Coordinator, *LVN, *RN/ADN

Certificate Programs



Peer Support Specialist, Community Health Worker, Job Coach
*Alcohol and Drug Counselor, *Registered Behavioral Technician, *Autism Technician

**Certification as an Alcohol and Drug Counselor requires up to 3000 hours of supervised experience and written exam (CCAPP, CAADE, and others); Board Certified Autism Technician (BCAT) requires 40 hr. training, 15 hr. experience, and BCAT exam by Behavioral Intervention Certification Council; Registered Behavioral Technician (RBT) requires 40 hr. training, competency assessment, and RBT exam by Behavior Analyst Certification Board; Completion of Vocational Nursing or Psychiatric Technician program and licensed by Board of Vocational Nursing and Psychiatric Technicians; Undergraduate degree, clinical training, and exam Certification Board of Music Therapists.*

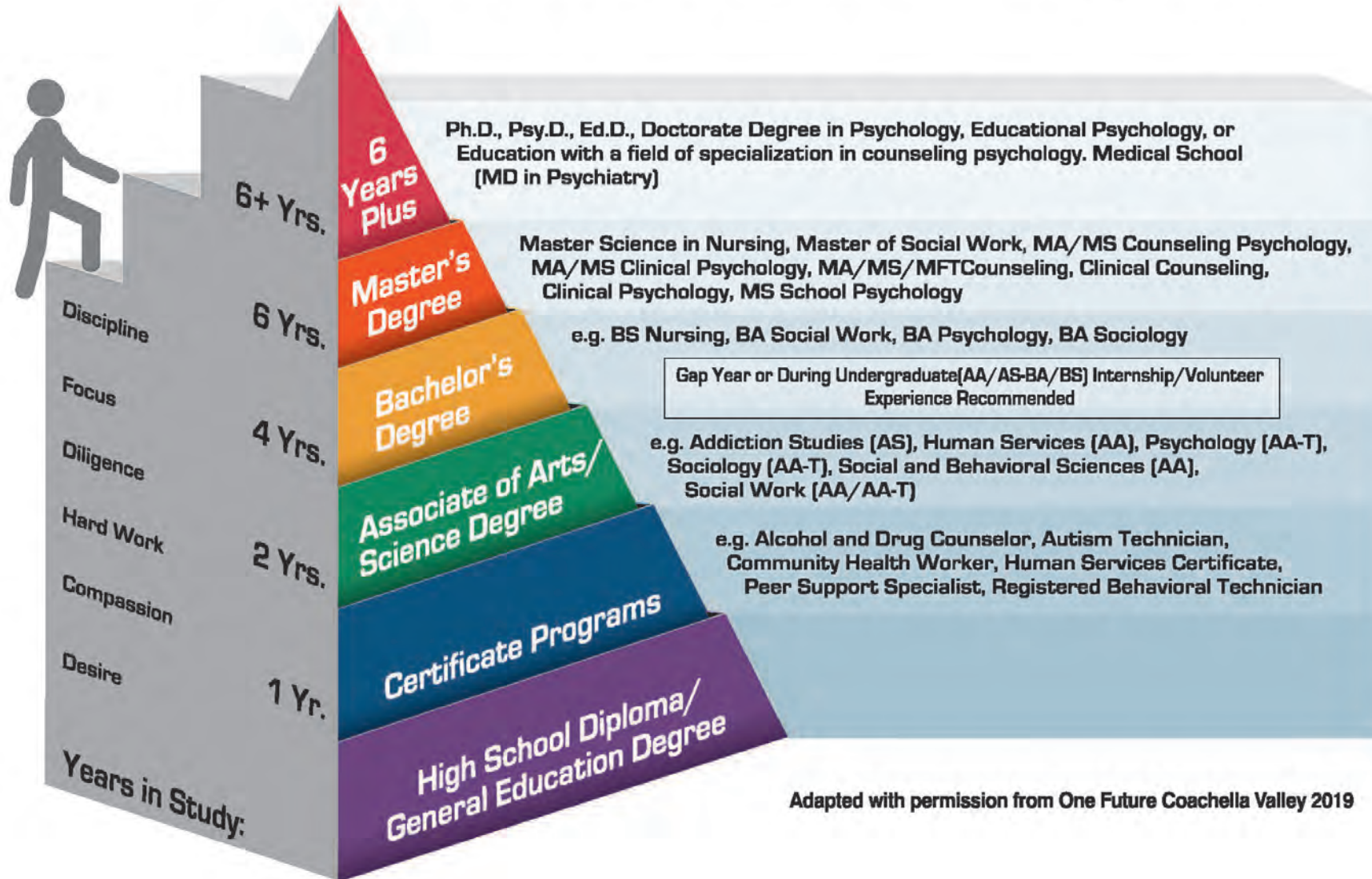
High School Diploma/GED



Office Support Staff, Advocate (Peer, Family, Housing)
Peer Support Specialist, Parent Partner

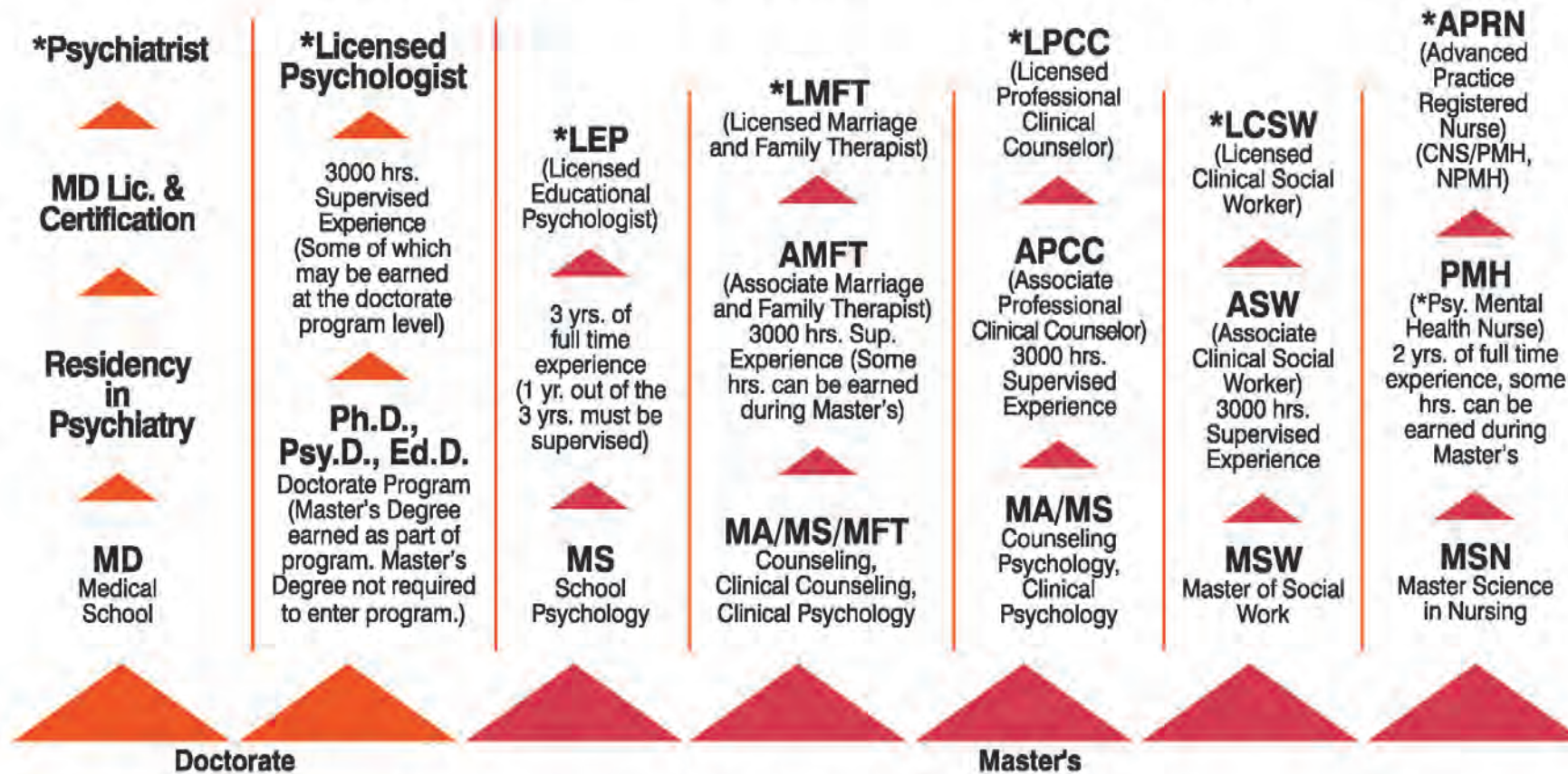
JOB/POSITION TITLES LISTED MAY DIFFER BY COUNTY/CITY

Behavioral-Mental Health Related Certificates and Educational Degrees



Adapted with permission from One Future Coachella Valley 2019

Behavioral-Mental Health Professional Licenses Related to Level of Education



*These licenses require an exam: Licensed Practitioner under CA Board of Nursing, CA Board of Behavioral Sciences, Board of Psychology of CA, & Medical Board of CA. Advanced Practice Registered Nurse (APRN), Nurse Practitioner (NP), Clinical Nurse Specialist (CNS), Psychiatric Mental Health Nurse (PMH), Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC), Licensed Marriage & Family Therapist (LMFT), Licensed Educational Psychologist (LEP)

Doctorate Degrees can be earned in Nursing, Social Work, Psychology, and as a Marriage and Family Therapy.

Today's Career Spotlights

- ▶ Peer Support Specialist
- ▶ Community Health Worker
- ▶ Autism Technician

Peer Support Specialist

Peer providers, (e.g., peer support specialists, recovery coaches) are people who use their experience of recovery from mental health and/or substance use disorders to support others in recovery.



Zohair Hussain

Peer Partner

CAL VOICES

Community Health Worker

Frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the Community Health Worker (CHW) to serve as a liaison/link/intermediary between health/social services and the community.



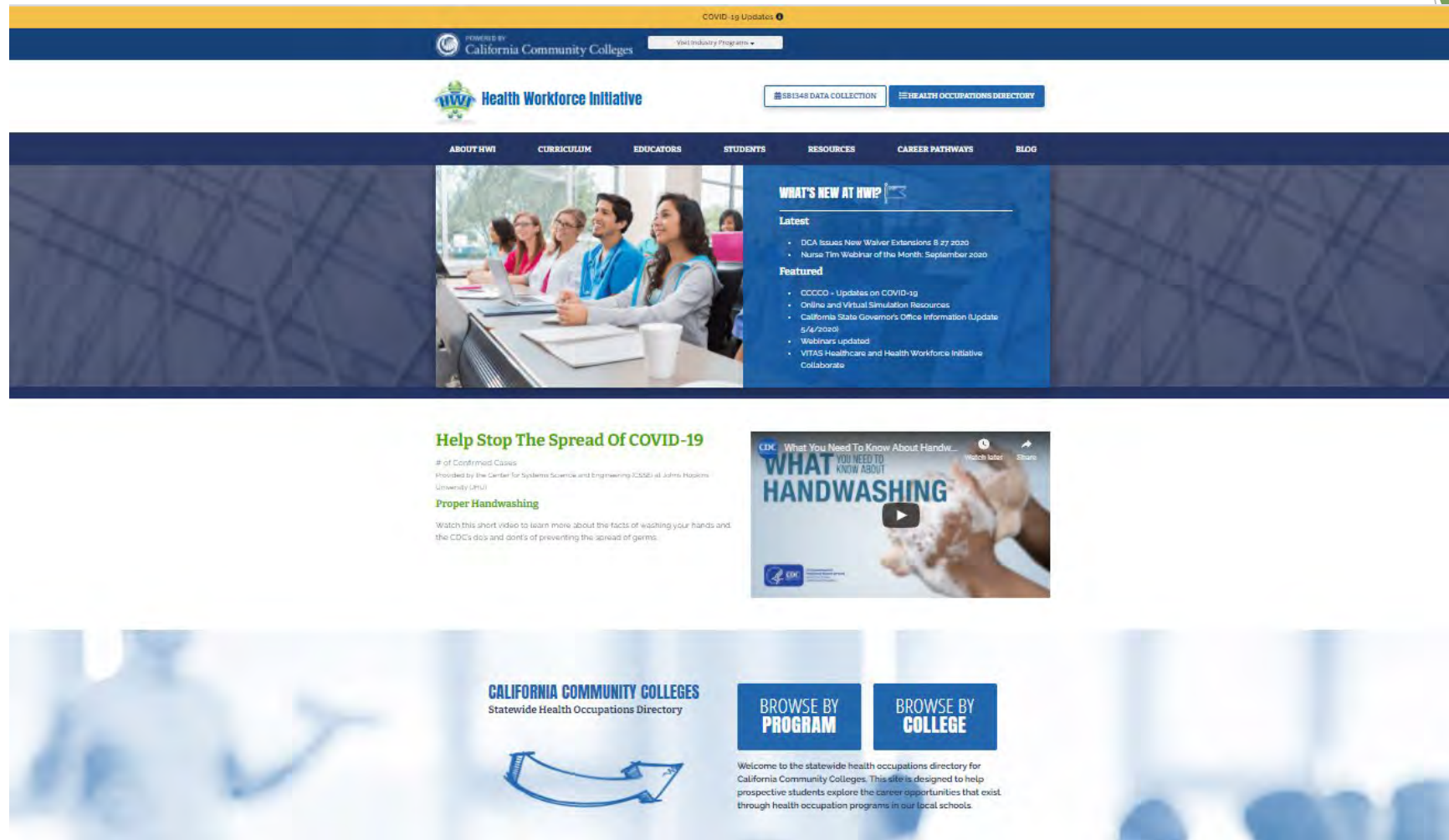
*Cyndi Gonzales
Community Health Worker
South Bay Community Services*

Autism Technician

Autism Technicians work in a fast-paced, dynamic, and often intense environment to provide Applied Behavior Analysis treatment to children and adults diagnosed with language, communication, behavioral and developmental disorders such as Autism Spectrum Disorder.



Adnylem Davila, MA
Autism Technician
Easter Seals



HWI Website: www.ca-hwi.org

HWI Email: cahwi@canyons.edu

Jobs

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ExploreHealthCareers.org is a collaboration between today's health professionals and leading health care associations designed to help people like you start down the road toward a career in health. Here you'll find the latest health career information and tools to guide you as you prepare for a future in health care.

Is a Career in
Health Right for You?

Get Started

Focus Your
Career Search

Find Your Fit

Find your first job
or your next

Build Your Career

<https://explorehealthcareers.org/>

Questions

?

?

Answers

?



NEED TO HELP A FRIEND OR FAMILY MEMBER?

- ▶ **2-1-1: CONNECTING PEOPLE TO INFORMATION AND RESOURCES.** California is dedicated to helping Californians in need get access to, and benefit from, the rich range of social services available to them.
 - ▶ Dial 2-1-1 or visit www.211ca.org
 - ▶ Free 24/7 support
- ▶ In a crisis? Text **HOME** to **741741** to connect with a Crisis Counselor
 - ▶ Free 24/7 support

**Thank you for
your participation!**



- ▶ PART 2 - Friday September 25, 2020: 9 am - 10 am Associates Level Careers (Alcohol & Drug Counselor, Psychiatric Technician, & Social Services Assistant, Mental Health & Prevention Specialist) https://bit.ly/HWI_BehavioralHealth_Careers2
- ▶ PART 3 - Friday October 9, 2020: 9 am - 10 am Bachelors Level Careers (Case Manager, Child Welfare Worker, Psychiatric RN, & Assistant Behavior Analyst) https://bit.ly/HWI_BehavioralHealth_Careers3
- ▶ PART 4 - Friday October 23, 2020: 9 am - 10 am Master's Level Careers (Licensed) (Licensed Marriage & Family Therapist, Licensed Clinical Social Worker, Psychiatric Mental Health- Certified Nurse Specialist, & Nurse Practitioner Mental Health- Psych Mental Health) https://bit.ly/HWI_BehavioralHealth_Careers4
- ▶ PART 5 - Friday November 6, 2020: 9 am - 10 am Doctoral Level Careers (Licensed) (Psychiatrist & Licensed Psychologist) - https://bit.ly/HWI_BehavioralHealth_Careers5
- ▶ PART 6 - Friday November 13, 2020: 9 am - 10 am Career Mapping and Decision-Making (Student & Parent Workshop) https://bit.ly/HWI_BehavioralHealth_Careers6