

## Module 22. Paramedical Services

### Goal

The goals of this module are to:

- Have the trainees understand the definition of Paramedical Services
- Have the trainees know the policy and procedure for administering Paramedical Services
- Identify various Paramedical Services

### Time

1 hour 45 minutes

| Activities                            | Methods                        | Time       |
|---------------------------------------|--------------------------------|------------|
| 22.1 Overview of Paramedical Services | Interactive presentation       | 10 minutes |
| 22.2 Providing Paramedical Services   | Interactive presentation, skit | 15 minutes |
| 22.3 Types of Paramedical Services    | Interactive presentation, skit | 1 hour     |

### Supplies

- Hypodermic syringe without needle
- Condom catheter
- Medi-set
- Item that looks like a suppository
- Enema bag
- Medication bottles filled with M&M's

### Handouts

#### **For Activity 22.1**

- Handout 22.1 What are Paramedical Services?

#### **For Activity 22.2**

- Handout 22.2 Providing Paramedical Services

#### **For Activity 22.3**

- Handout 22.3 Review of the Paramedical Services Procedures

## Module 22. Paramedical Services

### **Advanced Preparation**

Review all training and presentation materials for this module.

Copy all handouts for Activity 22.1 for participants.

#### **Activity 22.1**

Prepare power point with overview of Paramedical Services, Distribute handout 22.1 and review the handout. Define the term “Paramedical”. Prepare power point with definition of “Paramedical”

#### **Activity 22.2**

Distribute handout 22.3. Review this handout with the participants by having various members of the class read it out loud. Prepare a script for PCA to use for the skit, “Providing Paramedical Services”. The script allows for the PCA to act out the process a PCA must go through to be trained to provide paramedical services.

#### **Activity 22.3**

Distribute handout 22.4. Review this handout with the participants by having various members of the class read it out loud. Go over each type of paramedical service. Either have the actual devices available to show class or have pictures to show to the students.

## ACTIVITY 22.1 Overview of Paramedical Services

### Learning Outcomes

By the end of this activity, participants will be able to:

- Know the policy and procedure for providing a consumer paramedical services
- Understand the meaning of the term, “Paramedical”.

### Key Content

- ❖ Paramedical services are provided for a consumer only if approved by the clients’ doctor.
- ❖ The Personal Care Aide must be trained by the consumers’ doctor or nurse before he or she can provide paramedical care.
- ❖ Paramedical services are defined by the care required by a specific consumer. It can be confusing to the PCA and client what care is defined as paramedical. What might be paramedical for one consumer may not be considered paramedical for another consumer.
- ❖ The PCA should always refer to their employer when asked to provide paramedical care.

### Activity Steps

#### *Interactive Presentation (10 minutes)*

1. Introduce module by reviewing Learning Agenda.



### Learning Agenda

- Know the policy and procedure for providing a consumer Paramedical Services
- Understand the meaning of the term, “Paramedical”.

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2. Ask participants what is meant by “Paramedical Services”. After they have time to answer put up the power point with the definition of “Paramedical Services”.



### **Paramedical Services**

Paramedical Services include the administration of medication, puncturing the skin, or injecting a medical device into a body orifice, activities requiring sterile procedures, or other activities requiring judgment based on training given by a licensed health care professional such as a physician or nurse

Paramedical services are activities which a consumer would perform for themselves but for their functional or mental conditions.

Paramedical services are activities which, due to the consumers physical or mental condition, are necessary to maintain the consumers' health.

3. Explain that someone who requires Paramedical Services generally used to be placed in a Skilled Nursing Facility. These days' individuals are living in their own homes but still require these services. Most of these services will be provided by a home health nurse. However, there are some skills that the PCA may be able to provide.

## ACTIVITY 22.2 Providing Paramedical Services

### **Learning Outcomes**

By the end of this activity, participants will be able to:

- Know how to provide paramedical services.
- Know how to manage a situation where the consumer is requesting the PCA provide paramedical services that have not been approved.

### **Key Content**

- ❖ The PCA must be trained by the home health nurse in order to provide paramedical services
- ❖ Review with the PCA the various tasks that may be defined as paramedical services.
- ❖ Provide the PCA opportunity to practice redirecting a consumer who is ‘insisting’ the PCA provide paramedical services that have not been approved.

### **Activity Steps**

#### ***Interactive Presentation (15 minutes)***

1. Introduce module by reviewing Learning Agenda.



#### **Learning Agenda**

- Know how to provide paramedical services.
- Know how to manage a situation where the consumer is requesting the PCA provide paramedical services that have not been approved.

2. Instructor will present to participants situations related to providing paramedical services
3. Participants will respond to the situations presented to them
4. The purpose of this activity is to have participants be able to successfully know when and when not to provide paramedical services.

## ACTIVITY 22.3 - Types of Paramedical Services

### **Learning Outcomes**

By the end of this activity, participants will be able to:

- Identify the types of services that are defined as paramedical services

### **Key Content**

- ❖ There are a variety of paramedical services, many that the PCA may never have to provide to the consumer.
- ❖ Before the PCA performs the paramedical services they must receive training.
- ❖ Training for paramedical care is consumer specific.

### **Activity Steps**

#### ***Interactive Presentation (1 hour)***

1. Introduce module by reviewing Learning Agenda.



#### **Learning Agenda**

- Know the various types of paramedical services
- Be familiar with what each services looks like.
- Know the purpose for the various services.

2. Review handout 22.3 with students. Go through each service
3. Offer visuals to class and explain the purpose for the service. Explain why the consumer requires this type of care.



## **Instructor's Guide, Activity 22.2**

Cast: Narrator, Nurse, Direct Care Worker (PCA), Consumer

Narrator: The direct Care Worker knocks on the consumer's door

Consumer: Hello who is it?

PCA: It is your worker.

Consumer: Just a minute

Narrator: The consumer opens the door for the worker and lets them in to their home.

PCA: Hello, my name is \_\_\_\_\_ and I was sent by IHSS to help you.

Consumer: That's great. You're the one going to give me my injections – Yes?

PCA: Yes I am, but the nurse needs to train me. Is she here?

Consumer: Aren't you the nurse?

PCA: No, I am your care provider. The nurse is supposed to meet me here and train me to give you the injections.

Consumer: You mean you don't know how to give a shot?

PCA: No, sorry.

Consumer: Well I suppose I could show you how.

PCA: Sorry but I need to be trained by the nurse.

Consumer: But I need my shot!

PCA: I know but I cannot give it to you until the nurse trains me. Maybe I can call my supervisor and see if they know where the nurse is.

Narrator: At that moment the nurse knocks on the door

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Nurse: (Knocks on the door)

Consumer: Is that the nurse?

Nurse: Yes it is

Consumer: Come in. You're late!!!

Nurse: I am so sorry, but the last consumer I was at was having a problem that needed my attention ... anyway it isn't important. I am here now. So let's take care of you.

Consumer: I need my shot!

Nurse: I know and so here we go

Narrator: Turning to the PCA the nurse begins to instruct the PCA on how to use the syringe and prepare the consumer for the shot.

Nurse: so make sure you swab the area with the alcohol swab and then ...

Narrator: Nurse continues training and talking to PCA.

Nurse: (Speaking to PCA) you did very well. Do you have any questions?

(Speaking to consumer) How did the worker do?

Consumer: Not bad. Better then the nurse in the hospital.

Nurse: Wow! Okay well, I need to run. If you have any problems call me. Here is my card.

Consumer: Okay, thanks

PCA: Can you come tomorrow and watch me?

Nurse: Sure and I promise to be on time.

Narrator: The end!

## **Module 22 Handouts**

### **Paramedical Services**

#### **Activity 22.1: Overview of Paramedical Services**

##### **Handout 22.1 What are Paramedical Services?**

#### **Activity 22.2: Providing Paramedical Services**

##### **Handout 22.2 Providing Paramedical Services**

#### **Activity 22.3: How a consumer is approved to receive Paramedical Services**

##### **Handout 22.3 The types of Paramedical Services**

## Handout 22.1 What are Paramedical Services?

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### PARAMEDICAL SERVICES

Paramedical Services include the administration of medication, puncturing the skin, or injecting a medical device into a body orifice, activities requiring sterile procedures, or other activities requiring judgment based on training given by a licensed health care professional such as a physician or nurse

Paramedical services are activities which a consumer would perform for themselves but for their functional or mental conditions.

Paramedical services are activities which, due to the consumers physical or mental condition, are necessary to maintain the consumers' health.

Paramedical services shall be provided when ordered by a licensed health care professional who is lawfully authorized to do so. The licensed health care professional shall be selected by the consumer.

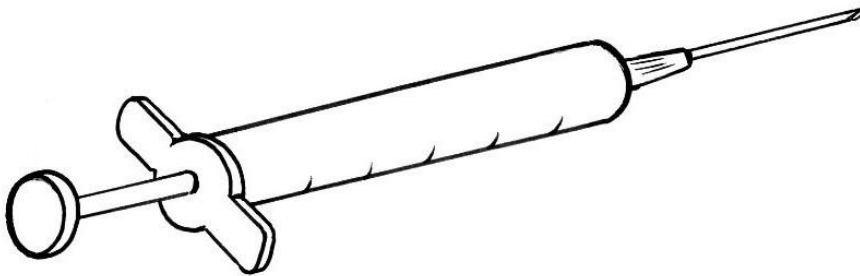
## Handout 22.3 Providing Paramedical Services

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Paramedical services are provided under the direction of the licensed health care professional. It is the responsibility of the licensed health care professional to certify they have instructed the primary care provider how to perform the paramedical service.

The Personal Care Aide can perform paramedical services if they have been trained by the licensed health care professional.

Paramedical services are provided only for the consumer for which the PCA has received training.



## Handout 22.3 The Types of Paramedical Services

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1. Administer Medications
  - Give oral medications
  - Through a tube (crushed)
  - Eye drops
2. Injections
3. Blood testing
4. Urine testing
5. Respiratory care
  - Suctioning
  - Clean tracheotomy, tubes, change dressings
  - Chest percussion
  - Administer oxygen (regulate flow, change cannula or mask, and add water to humidifier) unless self-administered.
  - Change cannula or mask
  - Ventilators/Respirators
  - Change tubes
  - Clean tubes
  - Pulmo-aide treatments
6. Wound Care
  - Decubiti care
  - Dressing changes - sterile
  - Dressing changes - non-sterile
7. Bladder Care
  - ICP Intermittent Catheterization Program (males only)
  - Straight catheterization
  - Insertion of Foley catheter (includes attaching tubes to drainage bag)
  - Bladder irrigation
  - Instillation of meds to bladder
  - Douching

## Handout 22.3 The Types of Paramedical Services

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## Module 22. Paramedical Services

### 8. Bowel Care

- Insertion of suppository
- Digital stimulation
- Enemas
- Fleet's
- Regular (Cleansing, etc.)
- Ostomy irrigation
- Change ostomy bag
- Change ostomy dressings

### 9. Feeding through Nasogastric or Gastrostomy Tube

- Use of feeding set
- Use of syringe

### 10. IV Fluids

- Hydration (change IV bag)
- Medication – premixed bags
- Medication – self mix (add meds to bag)
- Monitor IV tubing
- Flushing IV tubing
- Heparin flush
- Saline/Heparin/Saline flush (vials)
- Parental nutrition
- Pain medication via infusion/pump/cartilage
- Dressing change for IV central line (Sterile technique)

### 11. Application of Topical Ointment

### 12. Foot Treatment - Prepare meds and soaks

### 13. Range of Motion

### 14. Placing in Standing Frame