

NURSING; "TO BE OR NOT TO BE"

RICK STALEY, RN, BSN, MA



ARE YOU MAN ENOUGH...



Song Kim RN
Critical Care
Nurse
Snowboarder

Terry Wiscmer RN, PhD
Dean, School
of Nursing
Military LTC
U.S. Army

Yuri Chavira RN, CNA
Nurse Anesthetist
2154 LA Paratrooper

Richard Jernstrom RN
Post Anesthesia
Nursing Nurse
Decorated Vietnam
Combat Medic &
Nursing Major,
U.S. Army

Don Macgregorio RN
Pulmonologist
Nurse
Harley Rider

Walter Moore, Jr RN
Intensive Care
Unit Nurse
U.S. Navy Seal
Team One

Bill Madolekha RN
Student Nurse
2nd Degree Black
Belt Karate

L. Ray Arzola RN
Cardiology Nurse
Mugy Night Pro

James Scott Currick RN
Student Nurse
Basketball Power
Forward

...TO BE A NURSE?

If you want a **career** that demands **intelligence, courage, and skill**, and offers **unlimited opportunity**, consider **nursing**.

For information about careers in nursing, and educational and financial resources in Oregon, go to www.oregoncenterfornursing.org

OCN
NURSING

ARE YOU MAN ENOUGH...



David Rothenberg, RN
Critical Care
Health Central
Bass Guitarist

Scott Grabowski, RN
Emergency Dept.
(Gravely Injured)
Healthcare
Fisherman

Jason Trouke
Future RN
Hunting Student
Surfer

Carlie Arnold, RN
Medical Oncology
Gravely Injured
Healthcare
Distance Runner

Don Mercado, RN
Cardiac Care Unit
Gravely Injured
Healthcare
Basketball Guard

Madhar Naji, RN
Cardiovascular Intensive
Care Unit
Florida Hospital
Soccer Forward

Mark Randels, RN
Emergency Room
Health Central
Rock Climber

Shagun Logan, RN
Cardiac Observation Unit
(Gravely Injured)
Healthcare
Scuba Diver

Brian Brooks, RN
Clinical Educator,
Emergency Dept.
Florida Hospital
Golf

...TO BE A NURSE?

Want a **career** with **unlimited opportunities** that will challenge your **intelligence, courage and skill**, **be a nurse**.

For information about the exciting possibilities in the nursing profession, including links to educational & financial resources, go to www.WorkforceCentralFlorida.com/PHC.

FCN
Center for Nursing
Partners for a
Healthy Community

WORKFORCE
CENTRAL FLORIDA

CALIFORNIA NURSES??

BIO

- History
- Parents
- Schooling
- Career/Areas worked
- Teaching
- Future
- Fun/Self-Care

WHY I WANTED TO SPEAK TO YOUR GROUP

- Current Environment- Challenging
- Gender/Careers/Diversity of environment/Opportunities for all
- Being inclusive of all people
- Want you to please consider the world of health care/nursing

DO MEN BELONG IN NURSING??

- Yes!!
- Stereotypes/Media
- Pronouns
- Strengths/Weaknesses
- Possibilities
- % Men in Nursing growing

HISTORY OF MEN IN NURSING

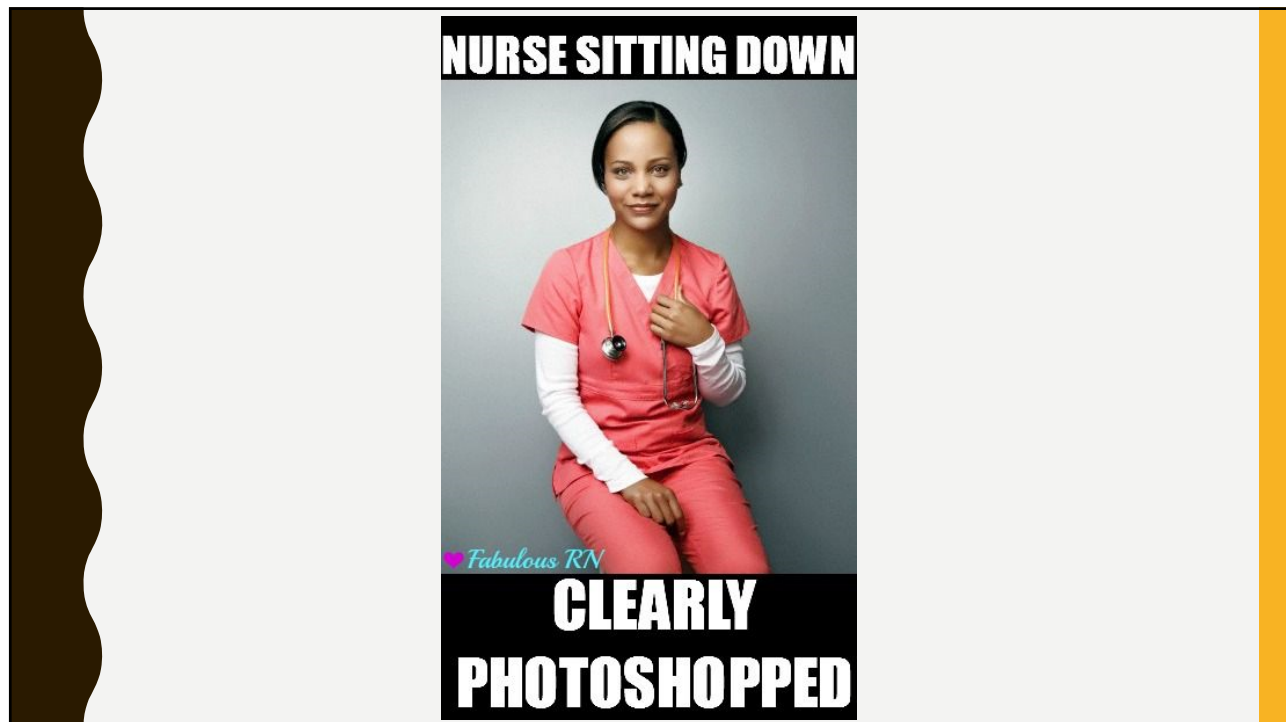


STATS OF MEN IN NURSING

- 1964- about 1% ?- (Mom's class, 38 grads, no men)
- 1975- 2.7% men- (Pop's class, 33 grads, 6/9 male grads)
- 1988- 6% men- (My class, 77 students, 3/7 male grads)
- 2011- 9.6% men
- 2017- about 12% men
- Males attracted to ER, OR, Critical Care
- This figure has remained steady for the past 5 years

NURSING SALARIES

- Average gross salary of an RN in 2015 was \$79,000, (Medscape)
- ADN nurse- \$73,000.00/ year
- BSN nurse- \$79,000.00/year
- Nurse Practitioner- \$102,000.00/ year
- Professor Nursing- \$108,000.00
- Challenging, exciting, dynamic, technical & ever changing career
- Great time to be a nurse!!!
- Hard time to be a nurse!!!



TYPES OF PEOPLE BEST SUITED FOR NURSING

- Mild mannered/Calm
- Caring
- There for the right reasons
- Intelligent & able to apply learning from classrooms
- Comfortable with people
- Good communicators
- Introverts/Extroverts
- “Tools for nursing”

TYPES OF PEOPLE THAT ARE NOT WELL SUITED FOR NURSING

- Poor integrity
- Unable to apply learned lessons to practice
- “Hot heads”
- People that don’t want to serve others
- Negative/Toxic people
- Poor role models/lifestyle
- There for the wrong reasons-\$\$

NURSING ONE OF THE MOST DANGEROUS/CHALLENGING/TECHNICAL JOBS!

- *“Nurses assaulted more than prison guards or police”... Washington Post*
- *Physical labor, emotional demands, budget cuts, increasing workload, “highest levels of job stress of all healthcare professionals”, psychosocial stressors, Lack of control, Long work hours, Shiftwork, Conflicts, Insufficient resources, Poor reward systems, Poor communication flow, Bullying...Medscape*
- *Rising use of sophisticated healthcare technologies...Medscape*

WHY DO MEN STRUGGLE TO BE NURSES??

- Stereotypes
- Don't reach out for help
- Struggles of supporting families \$\$
- Poor communicators
- Still minorities in the field of nursing



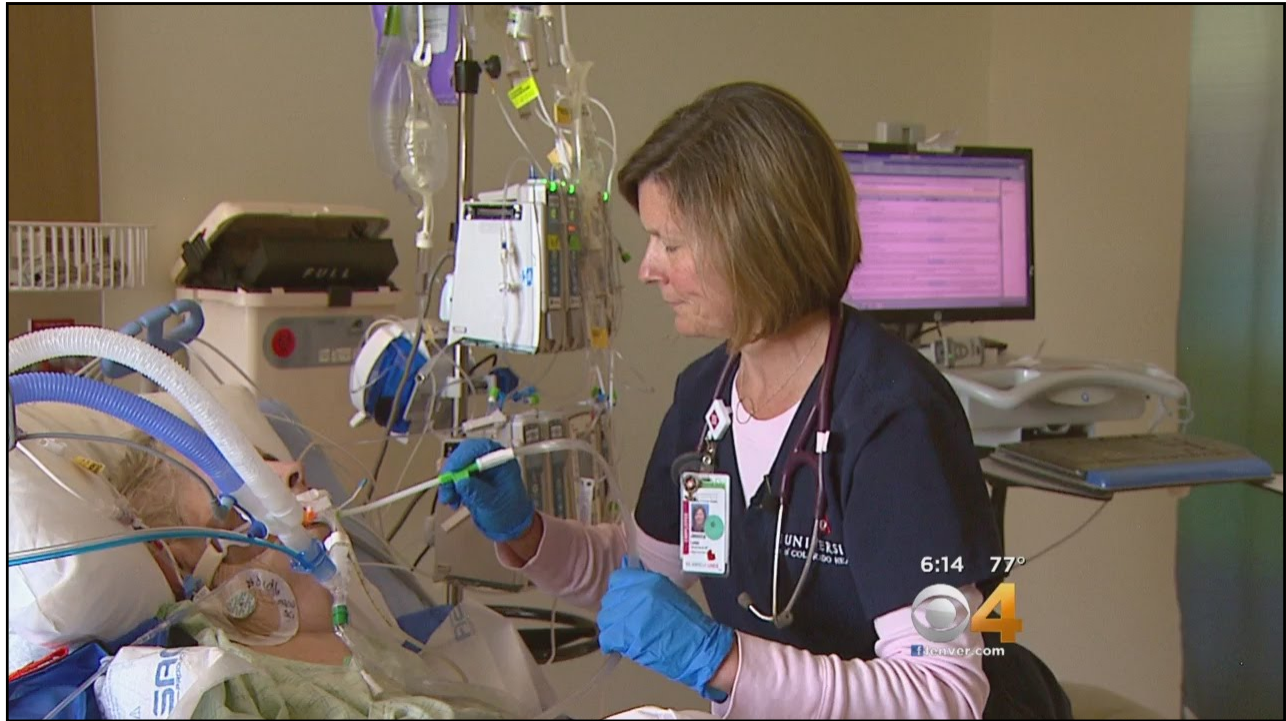


A DAY IN THE LIFE

- <https://www.youtube.com/watch?v=iCpQCHTq9qg>

WHAT DO NURSES DO? WHAT IS OUR JOB? ROLES?

- Patient advocates!
- Assessment
- Team coordinators
- Ensure patient safety
- Administer medications/Perform treatments
- Collaborate with the patient care team
- Documentation
- **Think critically to achieve the best possible outcomes for our patients!!**
- **Always Care!!**



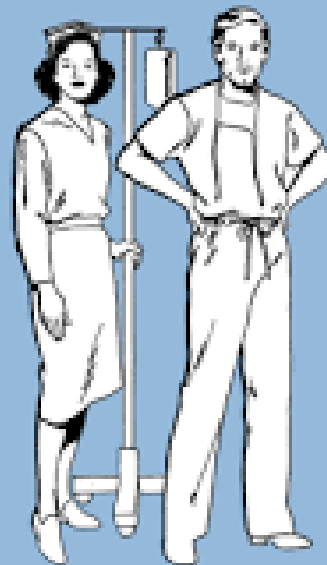
A DAY IN THE LIFE OF A NURSE

- Assessment
- Medication Passes
- Treatments
- ADL care
- More meds
- Documentation
- Helping colleagues
- Responding to Emergencies
- Discussions with MDs, other team members

WILL NURSES EVER BE REPLACED? OBSOLETE?

- Bedside care is dependent on people/hands.
- MDs unable to do all the work
- Critical thinking essential!
- Not just technicians
- Patient advocates
- Our roles/scope seem to be growing
- Good news for us!!

I'd appreciate it
if you stopped
saying "male nurse",
and then chuckling.



your  cards
someecards.com

CHALLENGES

- Corporate takeover
- Working harder with less resources/ancillary staff/ cheaper materials & equipment
- Having to consider cost as part of the equation
- Equity to all of our patients
- Technology effect
- Time & Patient care
- Personalizing vs. Standardizing Care

AREAS IN NURSING TO WORK

- Long-term care
- Rehab/Transitional care
- Acute care- Med-Surg/ Critical Care/ OB/ Pediatrics/ ER/ OR/ Consulting/ Case Management/ Ambulatory Surgery/ GI Lab/ Interventional Radiology
- Dialysis
- Flight Nursing
- Home health
- Community Health
- Other/ PICC line nurse

WHAT IS NURSING SCHOOL LIKE??

- Lecture
- Skills Lab
- Simulation
- Clinical
- Tight knit groups
- Top notch students-competitive
- Very stressful/rewarding
- Harder than any other classes you have taken??

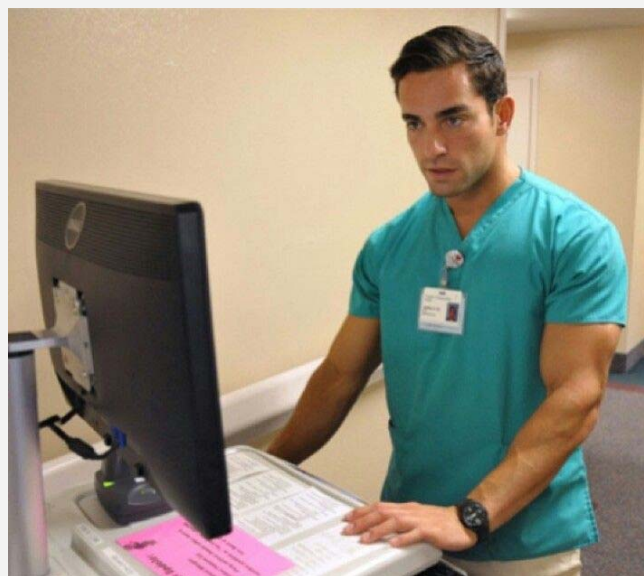
HOW DO YOU GET INTO A NURSING PROGRAM??

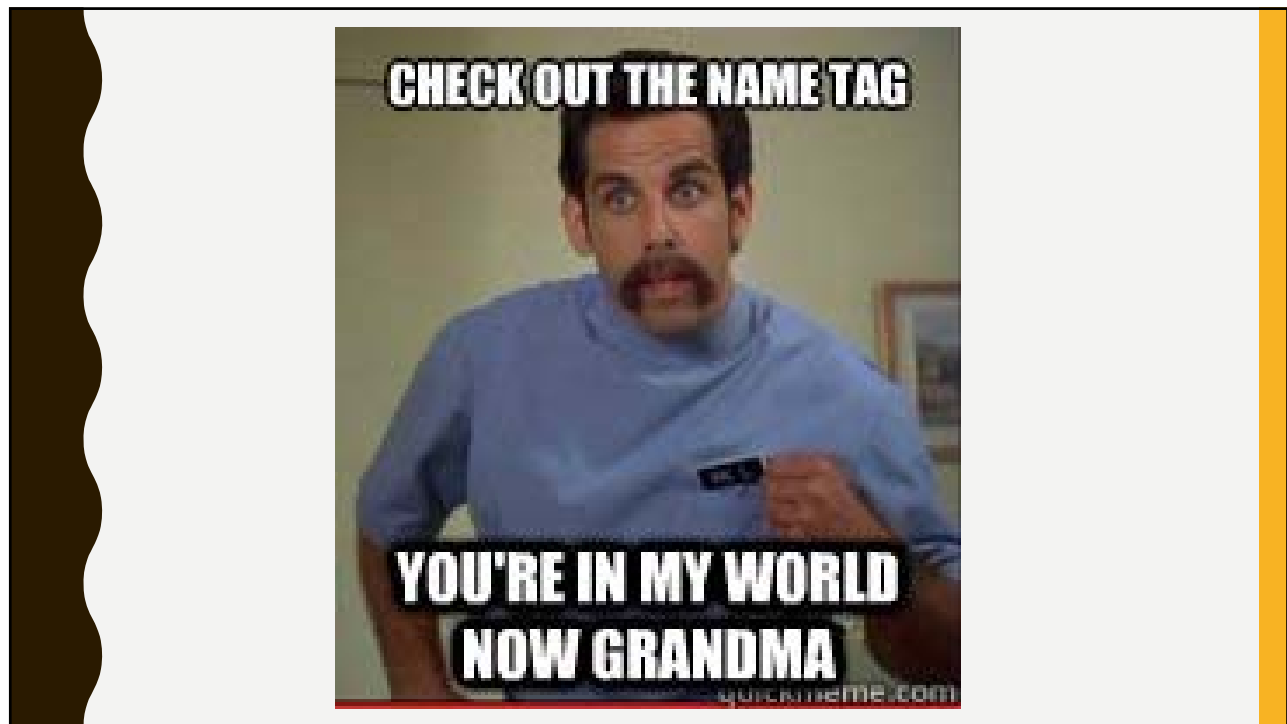
- Our college bases admission on the chancellor's criteria
- Take your prerequisite courses as soon as possible
- Do as well as you can, especially in the science courses
- Credit for other degrees, military experience, volunteer work, other
- Talk to a nurse, a nursing instructor, or a counselor at your local college
- Set a goal and work toward it

SUM UP

- Nursing is an ever changing, amazing career for men & women
- It usually separates the men from the boys, women from the girls
- Nursing is the most challenging profession you'll ever choose- Many skills to learn/Critical thinking/ Technology
- Welcome aboard!!!!

IS NURSING FOR YOU???





"YOU'RE WELCOME/ Z DOG"

- www.youtube.com/watch?v=cKvBgzW37tA

THE END QUESTIONS????

