

How to Make the Boring Stuff Fun

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List and Discussion

1. Circle your top 10 values.
2. Pick one of those as your top value.
3. Compare everyone's top value and talk about what the difficulties there would be working with others who do not have your same values.
4. Discuss how your values develop. (Lead into lecture on Cultural Diversity, Client Teaching, or many others.)

Free-Write with Progressive Prompts

1. No one will see your answers, so think deeply, quickly, and be honest.
2. What are your thoughts when:
 - a. Your client wants an abortion.
 - b. She was raped.
 - c. Remove "b" and add, "She participates in unsafe sex with multiple partners."
 - d. Remove "c" and add, "She cannot take time off from her job and she will not be able to afford to raise the child."
 - e. Remove "d" and add, "She uses illicit drugs that can cause birth defects, and will not quit for the health of the baby."
3. Share only what you want to share.

Personality Disorders (Or other diagnosis)

1. Half of the group creates a scenario where:
 - a. A client presents with the most common symptoms of the PD
 - b. One student plays the RN and asks appropriate assessment questions.
 - c. One teaches the client about the medications they might be prescribed.
 - d. One teaches the client about the psychotherapies that might be utilized.
2. Half of the group creates a care plan with possible nursing diagnoses, actions to implement, and expected outcomes.

Therapeutic Communication Skills

1. Divide into groups of 3 or 4 students
2. Pass out 1 card to each group. Each card has 2 "good" communication skills and 2 communication barriers written on them.
3. Each group creates a skit using all 4 skills. They then perform the skit and their peers guess the names of the skills.

Communication Game (Telestrations)

1. Each group should have an odd number of students and each student should have the number of papers as there are students in the group. (7 students, 7 pieces of paper each.)
2. Each person writes something that can be both written and drawn on their first piece of paper, then hands it to the person on their left.
3. The second person reads what the first person wrote and then flips the paper and draws it on the second piece of paper.
4. The third person looks at what the first person drew and then flips the paper and writes what it is on the third piece of paper.
5. This continues around, alternating writing and drawing, until it reaches the original person.
6. Laugh, and then discuss why good communication skills are necessary.